

The ERfC School-Age Care Centers presents...

# Kidz Sports



## Indoor Wiffle Ball Program For Kindergarten to 5th Grades

to play at  
Enfield Street & Henry Barnard Schools

The KidZ Sports athletic program has been designed with all skill levels in mind. Students will review the basics of hitting, throwing and fielding while also playing organized games each week.

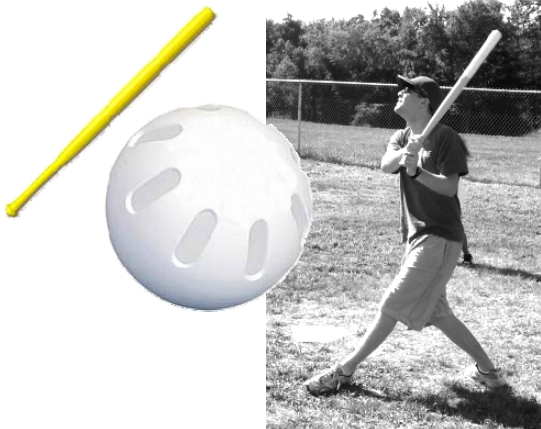
Since health and nutrition is a big part of physical fitness, all students will receive a healthy snack prior to each activity session.

**In-District busing available only to children living in the Henry Barnard District or Enfield Street District.**

**This program is open to ALL Enfield students**  
**Grades K-2: Mon. & Wed**  
**Grades 3-5: Tue & Thur**  
**3:21pm to 4:21pm**  
**KidZ Sports begins on January 9th**

Sign up for one 9 week KidZ Sports session for only \$65  
or

Be a part of the entire After School program. All kids enrolled in the After School-Age Care Center will participate for no additional charge. More information about the After School Centers can be found at [www.ercf.us](http://www.ercf.us) or by calling 860-253-9935.



**Next KidZ Sports  
Session:**

**April to June**

**Flag  
Football**



**It may be WINTER outside,  
but with KidZ Sports, it's  
SUMMER all year round!**

### **WEEKS 1 & 2**

During the first two weeks we will take time to introduce students to the basics of Wiffle Ball. We will start out hitting the ball off a tee then move on to hitting a thrown ball. Kids will be taught the proper way to throw a Wiffle ball and how to make it curve, sink and slide.

### **WEEKS 3 & 4**

Kids will participate in batting, pitching and fielding activities that reinforce skill development by incorporating what they have learned into fun competitions. Games that measure best curve, longest hit ball, most accurate pitch and others will be played.

### **WEEKS 5 - 8**

The second half of the Wiffle ball session will focus mainly on playing games. Different versions of the classic game of Wiffle ball will be played, each with it's own fun and interesting twists and rules.

### **WHAT YOU CAN EXPECT**

The KidZ Sports program focuses on skill building and fair play. During games, all children will get equal play time, regardless of skill level.

**And most importantly they will HAVE FUN!!**